

Montrose Daily Press, Volume XIX, Number 42, August 23, 1926 — "BE YOURSELF" [ARTICLE]

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## "BE YOURSELF"

Elsie Lincoln (Vandegrift) Benedict, a Montrose girl who has made a vast fortune in her helpful lectures and has been of aid to thousands of young people in helping them to find themselves and become useful members of society, stopt in Denver a few days while on her way to Milwaukee where she is to open a series of lectures prior to going to Australia.

In an interview she urged the young people of today to simply "Be Yourself." What she has accomplished in the world, others may do as well. They must put aside fear, dispense with false social standards, line up with true social values and, above all, be your natural self.

"If I have any message at all to the young folks of my beloved home state," she said, "it is for them to make up their minds what they want to do and start to do it, regardless of discouragements."

That is the very best possible advice. There is no rose, however beautiful and fragrant, but has its thorn; no road that is so straight that it does not have a turn, or that does not have a stone in it upon which one may stumble; no life so sweet that does not have its bitter; no day so perfect that there is not a cloud somewhere.

Not every young person can be an Elsie Benedict nor every one an Edison—but there are other fields of success—there are fields yet untouched.

"Be yourself." Settle in your own mind what you want to be in life—then plan for it and work for it. Surmount every discouragement. Success will meet you in the big broad road before you know it and it will travel along with you continuously.

Remember that half way into our real or fancied troubles is half way out—that it is just half way to the dawn when the midnight hour is struck. When the hunter gets lost in the woods, he can know that if he keeps going straight ahead he will soon be half way thru, then it is no trick at all to get out the other half way.

Elsie Benedict was many times in the depths of the woods, and often had opportunities for the most depressing discouragements, but she kept go-

ing ahead—she had her eye set on the goal that  
was ahead—she did not know what the goal was—  
she did not falter—and today she stands at the  
top of the ladder of fame.

Success lies ahead of every young person.  
Just "be yourself" and keep your eye high and  
ahead.